

The Prophet said to Plant a Garden.

In 1976, as part of a general conference address on family preparedness, President Spencer W. Kimball said, “We encourage you to grow all the food that you feasibly can on your own property. Berry bushes, grapevines, fruit trees—plant them if your climate is right for their growth. Grow vegetables and eat them from your own yard. Even those residing in apartments ... can generally grow a little food in pots and planters. Study the best methods of providing your own foods. Make your garden ... neat and attractive as well as productive. If there are children in your home, involve them in the process with assigned responsibilities.”

President Kimball actually recommended gardening in several talks he gave that conference weekend, and other Church leaders like Elder Vaughn J. Featherstone and Relief Society General President Barbara B. Smith encouraged gardening in subsequent general conference addresses, too.

<https://www.churchofjesuschrist.org/study/general-conference/1976/10?lang=eng>